



# MARCH 2021

## Kate S. Durdan Public School

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Niagara Falls, ON L2H 2T3  
905-356-0488  
<http://katedurdan.dsb.org>

### HAPPY MARCH KSD FAMILIES!

Spring is on its way, and we are so happy to know that we can look forward to some warmer weather on the way!

We have had a terrific month, as we all were able to come back together as a family to begin learning with our friends and teachers again! There have been smiles everywhere!

PINK SHIRT DAY was a huge success and all the kids enjoyed some activities in their classroom to celebrate this day, and there were random acts of kindness happening everywhere in the building all day! **It was wonderful to watch because...well?...our KIDS ARE AMAZING!!!!**

This month we look forward to our SPIRIT WEEK from March 15-19, whereby our Awesome STUDENTS' COUNCIL has five fun days planned for us. Look to our calendar to see the themes of these fun days!

A big thank you to Mrs. Soucy for beginning our Snack Program again for kids – Covid friendly of course! YOU ROCK Mrs. S!

Thank you to all parents/guardians who are assessing your children's health each and every day to keep us all safe at school! We appreciate you!

Have a great March!

Mrs. Donofrio

### KINDERGARTEN REGISTRATION

Thank you to our current families who have already taken the time to register their children born in 2017 for kindergarten in September 2021. We are so excited to welcome our newest Knights to join our KSD family. If you still need to register, please visit <https://www.dsb.org/earlylearners/registration>



### SAVE THE DATE...

March 10—Parent Involvement Conference Virtual Speaker Series—6:30-8:00 pm

Mar 15-19—KSD SPIRIT WEEK

15th—HAT DAY

16th—DECADES DAY

17th—GREEN DAY

18th—SUPER HERO DAY

19th—KSD SPIRIT DAY



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AT: @KateSDurdan



# Student Council

Student council planned a Covid-19 friendly fun activity for the whole school, where each student wrote a kind message on a pink slip of paper, then the Student Council placed all the papers on a posterboard making the shape of a heart and a pink t-shirt. They are full of positivity and kindness celebrating Pink Shirt Day. Also the students performed many random acts of kindness throughout the day.

During March break we will have a FUN WEEK. On Monday we will have Hat day where each student can come to school with a hat they find in their home. On Tuesday we are having Decades day, where each student will be encouraged to choose a decade that they want to dress up like and dress how people did in that decade. On Wednesday, we are celebrating St. Patrick's Day where each student will wear a green shirt, or anything clothing and items to show their love for St. Patrick's Day. Next we have Superhero Day. This day is about creativity, each student will find something around their house that can be used as a superhero costume, for example a towel for a cape and a paper mask! The 5 most creative students will win a prize!! Who's up for the challenge? Lastly to end off the week we will have a School Spirit Day, where everyone will wear something blue, yellow or a school spirit merchandise.

Monday- Hat Day  
Tuesday - Decades Day  
Wednesday- St. Patrick's Day/Green Day  
Thursday - Super Hero  
Friday - School Spirit Day (wear blue, yellow or Spirit wear)



## PARENT COUNCIL NEWS

Happy March KSD families!  
Hard to imagine it's almost Spring!  
Unfortunately this school year hasn't been as eventful as we all could hope, but we are thankful to be able to return to school. We will keep you posted of any news or events but as for now we are thankful to be able to come to school.

On behalf of our family community Parent Council would like to thank the Kate S Durdan staff for all their hard work. Our teachers have worked tirelessly to ensure the students are having the best experience they can all while

keeping their safety top priority. Even with online learning our teachers have adjusted and worked overtime to make sure our kids had the best experience they could all while helping their own families who were home!

A big thank you to all the EA's and DECE's who assist the teachers and provide those extra set of hands that can be so greatly needed!

Thank you to Mr. Bilon and the custodial staff who have had more and more responsibility put on their plate to ensure health and safety of the children and staff during this difficult time and never complain all while still dealing with their typical workload, including shoveling us out of every snowfall! Which we all can appreciate from our own homes!

Mrs. C and Mrs. A who keep our boat afloat in the office! They are always willing to help the kids whether it be for a bandaid or a friendly reassurance or welcoming a new family to the neighbourhood the ladies are always putting the kids first!

There is a saying that says "it takes a village", our village couldn't exist without Mrs. Donofrio and Ms. Boon and their leadership to ensure our children have the best experience when they go to school! They are always willing to listen to a phone call or respond to an email with any concern knowing that to them the kids always come first. They have worked non stop to make sure that we as parents feel safe with our children coming to in-class learning and for our friends at home knowing that they are still very much a part of the family and that one day we will all be back together. We thank you Kate S Durdan for all you do for our children and families! We cannot wait to be back to "normal" and pick up right where we left off!

Your KSD Parent Council



**A special thank you to our School Council members! You enrich our experiences at Kate S Durdan each and every day.**

2020-2021 PARENT INVOLVEMENT COMMITTEE  
**VIRTUAL SPEAKER SERIES**

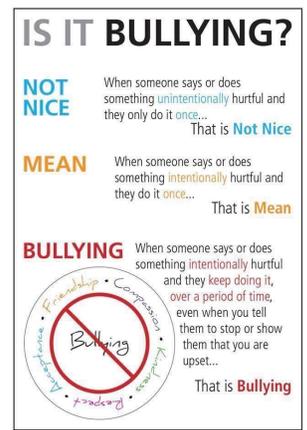
**LESSONS FROM COVID-19: TECHNOLOGY USE AND TEENS' MENTAL HEALTH**

WITH **NATASHA PARENT, PHD**  
RESEARCHER AT THE UNIVERSITY OF BRITISH COLUMBIA

WEDNESDAY, MARCH 10, 2021 • 6:30PM - 8:00PM

DSBN Parent Involvement Committee

**Day of Pink** was celebrated on Wednesday February 24th, 2020. This is an **Anti-Bullying Day**, when people wear mainly a **pink shirt** to symbolize a stand against bullying, an idea that originated in Canada. It is celebrated on various dates around the world. All staff and students were encouraged to wear their pink shirts to show their support against bullying.



## Niagara Region Public Health School Health Newsletter

### COVID-19 – Understanding the local stats

Did you know Niagara Region updates Covid-19 case and vaccination statistics daily? Please visit <https://www.niagararegion.ca/health/covid-19/default.aspx> for up to date information regarding daily Covid-19 case counts, active cases by municipality, and new daily Covid-19 vaccinations delivered to Niagara Region residents.

### COVID-19 – Safe storage of masks

Proper handling of a face covering is important to protect you from this virus. If the face covering is doing its job and blocking the virus from infecting you, or others around you, it may have the virus on it after use. To safely store your face covering, fold the outside of the face covering in on itself, so only the inside of the face covering is facing outwards. Store it in its own bag or container before placing it into your pocket, purse or vehicle. Discard the bag or clean and disinfect the container after use.

To read more about masking please visit <https://www.niagararegion.ca/health/covid-19/mask-bylaw.aspx>

### Healthy Eating – quick and easy breakfast tips

Now that students are back to in-person learning, their food routine might look a little different

- If your child is not hungry when they wake up, have them take something to-go

Having a source of protein can help maintain energy levels throughout the day

- Hard-boiled eggs, hummus with fresh veggies, lower fat yogurt with fresh fruit

Choose foods with higher fibre – higher fibre products will have more whole grains listed near the top of ingredient list

Apples, Bananas, whole wheat pasta, multigrain cereal, sunflower seeds, raisins

For quick and easy breakfast ideas visit, <https://www.unlockfood.ca/en/Articles/Cooking-And-Food/Quick-and-Easy-Meal-Ideas/Quick-and-Easy-Breakfast-Ideas.aspx>

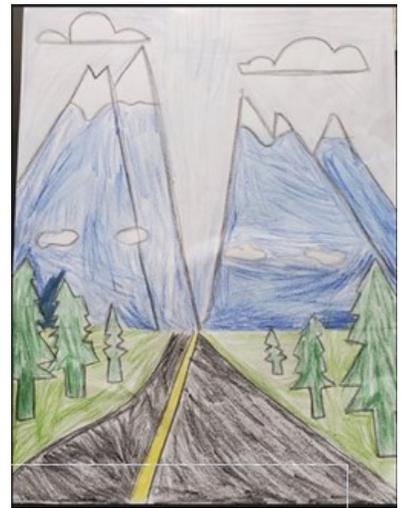
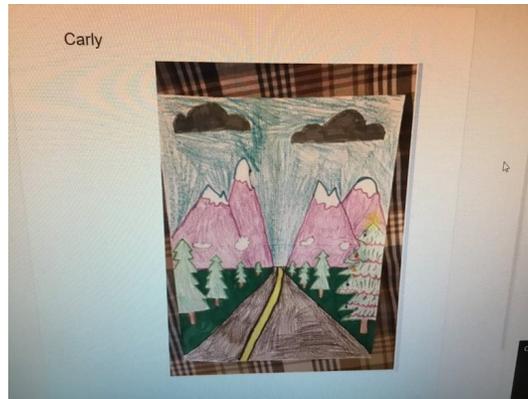
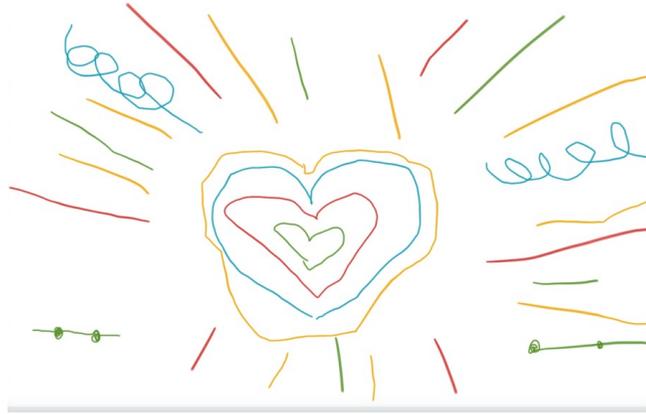
### Niagara Parents Promo

Children come in different shapes, sizes and grow at different rates. A child's growth depends on genetics (how their parents grew). Your child may be taller or shorter, bigger or smaller than other children. Height and weight changes generally follow a regular pattern that is right for your child.

Do you have questions about your child's growth and development?

Connect with Niagara Parents to speak with a public health nurse: [niagararegion.ca/parents](https://www.niagararegion.ca/parents)

# KSD ART PAGE



# KDG3 LEARNING THE LETTER U!

