



APRIL 2018

Kate S. Durdan Public School

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A MESSAGE FROM THE KATE S DURDAN STAFF...

On April 4, Kate S. Durdan will celebrate World Autism Day. We are fortunate to have Vanessa Coen and her son Owen speak to our school, explaining what ASD is, as well as sharing her personal story. Students will also be able to buy chocolate and other treats to raise money for Autism Ontario Niagara Chapter. Chocolates will be for sale on Tuesday, Wednesday, Thursday and Friday (or until supplies run out). They will be \$2. **Thanks KSD for all our support!**

We would also like to take this opportunity to thank our parents and members of school council for all of their support over the last month. The chocolate bar fundraiser would not have been possible without them, nor would our Family Movie Night have been such a great success. It is wonderful to work in such a supportive school community! I appreciate everyone's efforts to make Kate S. Durdan such a great place to be for our students!

As always, there are many exciting events occurring throughout the month which includes Autism Awareness, Math Night and Fun Food Fridays!. We are now into the final three months of the school year and these three months tend to be especially busy with activities. Please check the newsletters, calendars and website for regular updates.



SAVE THE DATE...

- **Easter Monday—April 2**
- **Light It Up Blue—World Autism Day—April 2**
- **World Autism Assembly—April 4**
- **Superhero Day—April 20**
- **Family Math Night—April 24**

FOLLOW US ON TWITTER
AT: @KateSDurdan





On Tuesday, April 24th, please plan to join us for a **Family Fun Math Night!** Many thanks to our Parent Council for supporting this event!

We will begin the evening at 5:30pm with snacks and drinks. Afterward, there will be different activities in the gym for you and your children to visit. The night ends at 7:00pm with exciting prize giveaways and a special gift for all families to take home as our thanks for attending.

There will be a separate presentation on D2L, for parents wishing to learn how some teachers use this tool to communicate with students and share student progress.

There will be an optional babysitting area for our future KSD students, but they are welcome to join in the activities!

JUNIOR BASKETBALL

The Junior boys and girls basketball teams are training hard and putting lots of effort into their games! Playoff games are the week of April 16th: watch for information to come regarding the playoff schedule!



SWIM TO SURVIVE

Our grade 3 students are looking forward to participating in the Swim to Survive Program. They will be going to the YMCA three times in April to participate in the program.



PLEASE ARRIVE ON TIME

Please encourage your child to arrive to school on time. Please note what a terrible disruption this lateness is not only to the teacher who has begun the instructional day but to the students who were on time and now have to wait for the late student(s) to come inside the classroom, get settled and listen to the important instructions again. Sometimes students have missed so much critical information that it becomes difficult for teachers to even determine a mark for the subject area. **Please, please, please help us by arriving to school on time and therefore providing no disruptions to a teacher, your child's learning and the other students in the class.** EVERY instructional minute is precious. Please help us.



Keeping your child's teeth healthy

Children can receive a free fluoride varnish application from the Niagara Region Public Health dental program. Fluoride varnish is a protective coating that is painted onto the teeth with a tiny brush. It helps reduce cavities if applied twice a year.

Why do we recommend fluoride varnish?

Tooth decay is the number one chronic disease of children
In the 2015/2016 school year over 25,000 school-aged children were screened by Public Health. 39 per cent of those school-aged children were identified having as having cavities.

Untreated cavities can lead to difficulties eating and sleeping, self-esteem issues, decreased school performance and attendance, pain, discomfort, infection and poor overall health
Fluoride is not added to Niagara's drinking water

Tips to keep your child's teeth healthy...

Brush teeth **two times** per day

Use a pea-sized portion of **fluoride** toothpaste

Spend **two minutes** brushing each time with help from an adult

Floss daily

Provide a healthy diet and limit sugary drinks, sticky candy and snacks. **Water is best.**

Schedule regular dental checkups at least once a year (cleaning, fluoride varnish application and sealants).

For more information on dental services and programs please call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399 or visit www.niagararegion.ca/health.

REMEMBER TOOTH DECAY IS A PREVENTABLE DISEASE!

